

# FHDP Schedule 2021/22 (subject to change)

# WINTER SESSION (January 8 - March 21)

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY		SATURDAY	
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 3	STUDIO 1	STUDIO 1
					9:30 - 11 Adult Functional Movement								9:30 Adult Barre Fit						9:15 Adult Zumba
	11:00 Adult Ballet 1											10:45 Adult Ballet 1	10:45 - 12 Adult Open Ballet					11:15 Adult Ballet 1	
																	2:00 - 3:30 Adult Drumming 3		
	6:30 Adult Open Jazz	6:30 Adult Flamenco 1					6:30 Adult Zumba						6:30 Adult Pointe Conditioning	6:30 Adult Tap 1		6:30-7:45 Adult Aerial Fusion			
7:30 Adult Barre Fit	7:30 Adult Open Lyrical	7:30 Adult Flamenco 2		7:30 Adult Modern 1		7:30 Adult Tap 1	7:30 Adult Multi Styles 101	7:30 Adult Dance Beats	7:30 Adult Contemporary Jazz		7:30 Adult Bollywood (Indojazz)	7:30 Adult Ballet 101	7:30 Adult Modern 2	7:30 Adult Tap 2	7:30 Adult Bolly Hip Hop				
8:30 Adult Ballet 1	8:30 Adult Ballet 2	8:30 Adult Flamenco 3	8:30 Adult Drumming 1	8:30 Adult Aerial Fusion		8:30 Adult Tap 101		8:30 Adult Yamuna Body Rolling	8:30 Adult Latin Fusion	8:30 Adult Hip Hop	8:30 Adult Stretch & Strength	8:30 Adult Ballet 1/2	8:30 Adult Ballet 2/3						

Classes fill quickly. Please check website for availability