FHDP ADULT WINTER 2023 January 7 - March 25

last updated: Feb 1

MONDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
11:00 Adult Open Ballet			
		6:30 Adult Flamenco 1	
	7:30 Adult Lyrical	7:30 Adult Flamenco 2	
	8:30 Adult Jazz 1/2	8:30 Adult Flamenco 3	8:30 Adult Drumming 1

TUESDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	10:00 Adult Gyro		
11:00 Adult Ballet 1	11:00 Adult Ballet 2/3		
6:30 Adult Ballet 1			
7:30 Adult Dance Beats	7:30 Adult Ballet 2		7:30 Adult Ballet 101
8:30 Adult Yamuna	8:30 Adult Modern 2		

WEDNESDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
		5:30 Adult Tap 101	
		6:30 Adult Tap 101	6:30 Adult Bollywood
	8:00 Adult West African	7:30 Adult Tap 1	7:30 Adult Modern 1
8:30 Adult Ballet 1			

THURSDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	9:30 Adult Burn & Balance		
10:45-12:15 Adult Ballet 2/3	10:45 Adult Ballet 1		
6:30 Adult Ballet 2/3		6:30 Adult Rhythm & Soul	
7:30 Adult Pointe Con	7:30 Adult Jazz 2/3	7:30 Adult Tap 2	
8:30 Adult Aerial Fusion	8:30 Adult Contemp	8:30 Adult Tap 1	8:30 Adult Hip Hop

FRIDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
6:00 Adult Aerial Fusion			
	12:00 Active Older Adults		
		2:00-3:30 Adult Drumming 3	

SATURDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	9:15-10:15 Adult Zumba		
10:15-11:15 Adult Ballet 1		11:15 - 12:15 Adult Tap 1	
		1:30 Adult Latin & Ballroom	