

# FHDP Schedule ADULT WINTER 2024 (subject to change)

last updated: Jan 24

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
																					9:15 Adult Zumba		
10:00 Adult Ballet 1					10:00 Adult Gyro								9:30 Adult Burn & Balance								10:30 Adult Open Ballet		
11:00 Adult Ballet Open					11:00 Adult Open Ballet							10:45 - 12:15 Adult Ballet 2/3	10:45 Adult Ballet 1								11:30 Adult Ballet 1		
					12:00 Active Adults																		
																		2:00-3:30 Adult Drumming 3					
						5:30 Adult Tap 1.5/2																	
		6:30 Adult Flamenco 1			6:30 Adult Ballet 1																		
	7:30 Adult Lyrical	7:30 Adult Flamenco 2		7:30 Adult Dance Beats	7:30 Adult Ballet 2	7:30 Adult Tap 101/ Tap1	7:30 Adult Ballet 101					7:30 Adult Jazz Open	7:30 Adult Tap 101	7:30 Adult Bellydance	7:30 Adult Ballet 2/3	7:30 Adult Combo	7:30 Adult Tap 2/3						
				8:00 Adult Bollywood																6:00 Adult Aerial Fusion			
8:30 Adult Ballet Open		8:30 Adult Flamenco 3	8:30 Adult Drumming 1	8:30 Adult Yamuna	8:30 Adult Contemp/ Modern 2							8:30 Adult Contemp/ Modern 1	8:30 Adult Tap 1										8:30 Adult Open Hip Hop

Classes fill quickly. Please check website for availability