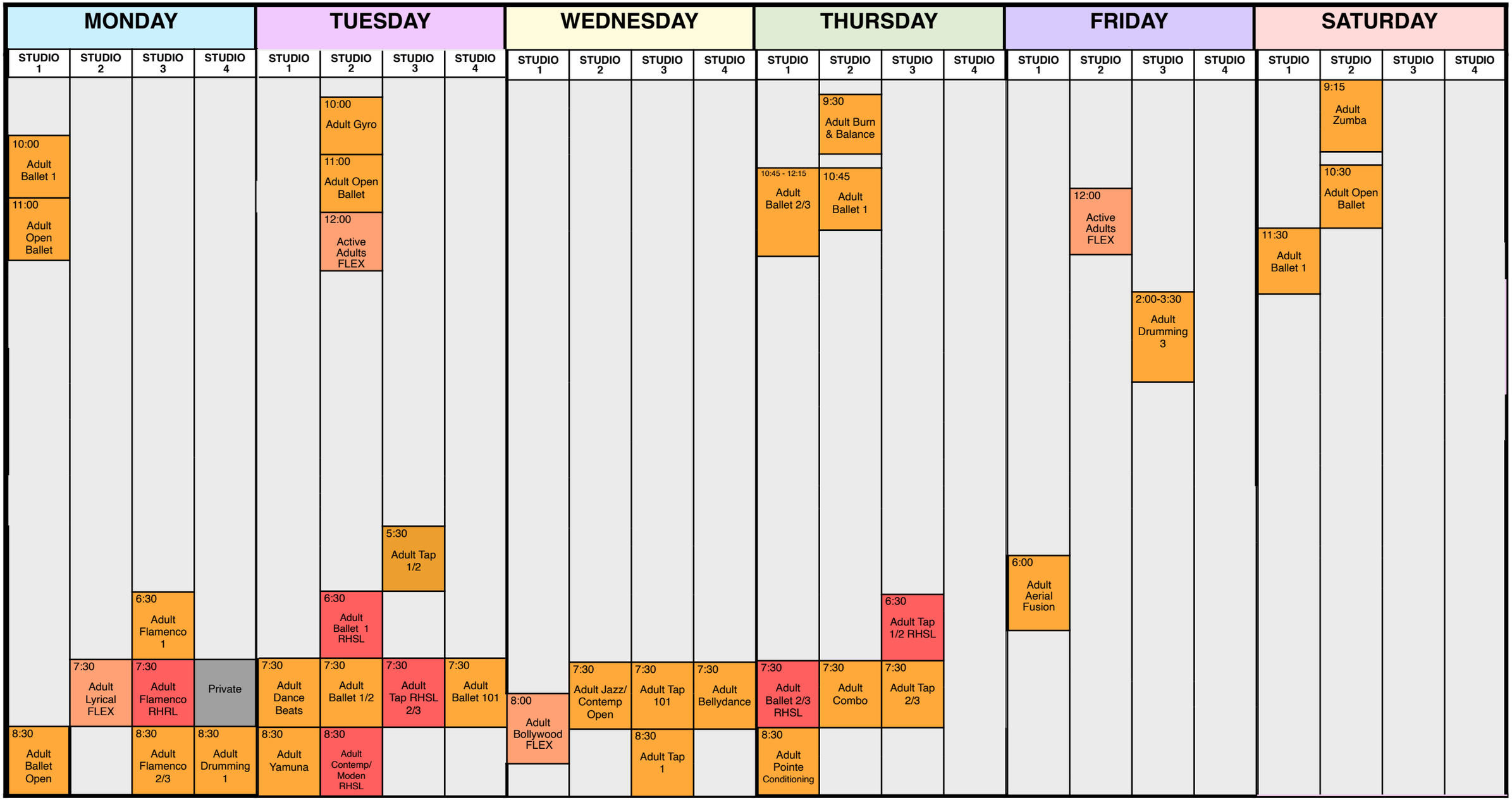FHDP ADULT SPRING 2024 (subject to change) April 1 - June 20