

FHDP Schedule

Adult Fall 2024

(Sept 7 - Dec 20)

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	10:00 Adult Ballet 1				10:00 Adult Ballet Open								9:30 Adult Burn & Balance								9:15 Adult Zumba		
	11:00 Adult Ballet Open				11:00 Adult Gyro							10:45 Adult Ballet Open	10:45 Adult Ballet 1				11:00 Adult Active. FIT			10:30 Adult Ballet 101	10:30 Adult Open Ballet		
					12:00 Adult Active												12:00 Adult Active			11:30 Adult Ballet 1			
																					12:30-1:15 Adult Pointe		
						5:30 Adult Tap 1																	
		6:30 Adult Flamenco 1					6:30 Adult Tap 101			6:30 Adult Tap 101		6:30 Adult Ballet 1								6:00 Adult Aerial			
	7:30 Adult Lyrical	7:30 Adult Flamenco 2		7:30 Adult Dance Beats	7:30 Adult Ballet 1/2		7:30 Adult Ballet 101			7:30 Adult Jazz	7:30 Adult Tap 1/2	7:30 Bellydance	7:30 Adult Ballet 2/3	7:30 Adult Musical Theatre	7:30 Adult Social Dance								
8:30 Adult Open Ballet	8:30 Adult Jazz Tech	8:30 Adult Flamenco 3	8:30 Adult Drumming 1	8:30 Adult Yamuna	8:30 Adult Contemp 1	8:30 Adult Tap 2/3		8:15 Adult Bollywood	8:30 Adult Contemp 2	8:30 Adult Tap 1		8:30 Adult Pointe				8:30 Adult Hip Hop							

*Subject to Change