FHDP Schedule

Adult Winter 2025 January 4 - March 22

	MON	IDAY		TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
10:00 Adult Ballet 1					10:00 Adult Ballet Open 11:00								9:30 Adult Burn & Balance								9:15 Adult Zumba		
Adult Ballet Open					Adult Gyro 12:00 Adult							10:45-12:15 Adult Ballet 2/3	10:45 Adult Ballet 1				Adult Active. FIT			10:30 Adult Ballet 101	10:30 Adult Open Ballet		
					Active												12:00 Adult Active			11:30 Adult Ballet 1			
																		2:00-3:30 Adult			12:30-1:30 Adult Pointe		
																		Drumming 3					
														4:30 Active Adult Tap Tap									
						5:30 Adult Tap 1				6:30				5:30 Adult Tap Repertoire		6:00 Adult Aerial							
		6:30 Adult Flamenco 1					6:30 Adult Tap 101			Adult Tap 101		6:30 Adult Ballet 1											
7:30 Adult Ballet Repertoire	Adult Lyrical	7:30 Adult Flamenco 2		7:30 Adult Dance Beats	7:30 Adult Ballet 1/2		7:30 Adult Ballet 101	8:15		7:30 Adult Tap 1/2	7:30 Bellydance	Ballet 2/3	7:30 Adult Musical Theatre	7:30 Adult Ballroom & Latin									
8:30 Adult Open Ballet	8:30 Adult Jazz 2/3		8:30 Adult Drumming 1	8:30 Adult Yamuna	8:30 Adult Contemp/ Modern 2/3	8:30 Adult Tap 2/3		Adult Bollywood		8:30 Adult Tap 1		8:30 Adult Pointe			8:30 Adult Hip Hop								