FHDP Schedule

Adult Winter 2025 January 4 - March 22

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
10:00					10:00								9:30								9:15		
Adult Ballet 1					Adult Ballet Open								Adult Burn								Adult		
11:00-12:30					11:00								& Balance				11:00				Zumba		
Adult Ballet					Adult Gyro							10:45-12:15	10:45				Adult			10:30	10:30		
Open					12:00							Adult Ballet 2/3	Adult Ballet 1				Active. FIT			Adult Ballet 101	Adult Open Ballet		
					Adult Active															11:30			
					Active								•				12:00 Adult			Adult			
																	Active			Ballet 1			
																		-			12:30-1:30 Adult		
																		2:00-3:30			Pointe		
																		Adult Drumming					
																		3					
														4:30									
														Adult Tap 1/2									
						5:30								5:30									
						Adult Tap 1								Adult Tap		6:00							
														Repertoire		Adult Aerial							
		6:30 Adult					6:30 Adult Tap			6:30 Adult Tap		6:30 Adult				Achai							
		Flamenco 1					101			101		Ballet 1											
7:30	7:30	7:30		7:30	7:30		7:30		7:30	7:30	7:30	7:30	7:30	7:30									
Adult Ballet Repertoire	Adult Lyrical	Adult Flamenco 2		Adult Dance	Adult Ballet 1/2		Adult Ballet 101		Adult Jazz 1	Adult Tap 1/2	Bellydance	Adult Ballet 2/3	Adult Musical Theatre	Adult Ballroom & Latin									
8:30	8:30	8:30	8:30	Beats 8:30	8:30	8:30		8:15 Adult	8:30	8:30		8:30	Theatre	Laur	8:30								
Adult Ballet	Adult Jazz 2/3	Adult Flamenco	Adult Drumming	Adult Yamuna	Adult Contemp/	Adult Tap 2/3		Bollywood	Adult Modern/	Adult Tap 1		Adult Pointe			Adult Hip Hop								
2		3	1	raniuna	Modern 2/3	2/3			Contemp 1														