FHDP Schedule

Adult Winter 2025 January 4 - March 22

MONDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
10:00 Adult Ballet 1			
11:00-12:30 Adult Ballet Open			
		6:30 Adult Flamenco 1	
7:30 Adult Ballet Repertoire	7:30 Adult Lyrical	7:30 Adult Flamenco 2	
8:30 Adult Ballet 2	8:30 Adult Jazz 2/3	8:30 Adult Flamenco 3	8:30 Adult Drumming 1

TUESDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	10:00 Adult Ballet Open		
	11:00 Adult Gyro		
	12:00 Adult Active		
		5:30 Adult Tap 1	
			6:30 Adult Tap 101
7:30 Adult Dance Beats	7:30 Adult Ballet 1/2		7:30 Adult Ballet 101
8:30 Adult Yamuna	8:30 Adult Contemp/ Modern 2/3	8:30 Adult Tap 2/3	

WEDNESDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
		6:30 Adult Tap 101	
8:15 Adult Bollywood	7:30 Adult Jazz 1	7:30 Adult Tap 1/2	7:30 Bellydance *Feb start*
	8:30 Adult Modern/ Contemp 1	8:30 Adult Tap 1	

THURSDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	9:30 Adult Burn & Balance		
10:45-12:15 Adult Ballet 2/3	10:45 Adult Ballet 1		
		5:30 Adult Tap Repertoire	
6:30 Adult Ballet 1			
7:30 Adult Ballet 2/3	7:30 Adult Musical Theatre	7:30 Adult Ballroom & Latin	
8:30 Adult Pointe			8:30 Adult Hip Hop

FRIDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	11:00 Adult Active. FIT		
	12:00 Adult Active		
		2:00-3:30 Adult Drumming 3	
6:00 Adult Aerial			

SATURDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	9:15 Adult Zumba		
10:30 Adult Ballet 101	10:30 Adult Open Ballet		
11:30 Adult Ballet 1			
	12:30-1:30 Adult Pointe		

*Subject to Change