FHDP Schedule

Adult Spring 2025 March 31 - June 19

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
10:00 Adult Ballet 1					Adult Ballet Open								9:30 Adult Burn & Balance								9:15 Adult Zumba		
11:00-12:30 Adult Ballet Open					Adult Gyro							10:45-12:15 Adult Ballet 2/3	10:45 Adult Ballet 1				11:00 -11:45 Adult Active. FIT			10:30 Adult Ballet 101	10:30 Adult Open Ballet		
					Adult Active												12:00 Adult Active FLEX			11:30 Adult Ballet 1			
																		2:00-3:30 Adult			12:30 Adult Pointe		
																		Drumming 3			Adult Open Ballet SHOW		
														4:45-5:30 Tap 2/3 SHOW									
						5:30 Adult Tap 1				6:30				5:30 Adult Tap Repertoire		6:00 Adult Aerial							
		6:30 Adult Flamenco 1					6:30 Adult Tap 101			Adult Tap SHOW		6:30 Adult Ballet 1											
7:30 Adult Ballet Repertoire	7:30 Adult Lyrical SHOW	7:30 Adult Flamenco SHOW		7:30 Adult Dance Beats	7:30 Adult Ballet 1 SHOW		7:30 Adult Ballet 101		7:30 Adult Jazz	7:30 Adult Tap 1/2	7:30 Bellydance (until May 7, 2025)	7:30 Adult Ballet 2/3 SHOW	7:30 Adult Musical Theatre	7:30 Adult Country Partner									
8:30 Adult Ballet 2	8:30 Adult Jazz SHOW	Adult	8:30 Adult Drumming 1	8:30 Adult Yamuna	8:30 Adult Contemp/ Modern SHOW	8:30 Adult Tap 2/3			8:30 Adult Contemp/ Modern	8:30 Adult Tap 101/1		8:30 Adult Gyro			8:30 Adult Hip Hop								