FHDP Schedule 2025/26 ADULT FALL 2025 September 6 - December 20

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
10:00					10:00								9:30										
Adult Ballet 1					Adult Ballet 1/2								Adult Burn & Balance								9:15		
11:00 -	-				11:00								& Dalalice	_			11:00-11:45				Adult Zumba		
12:30 Adult					Adult Gyro							10:45 -12:15	10:45	Ī			Adult Active						
Ballet Open					12:00							Adult Ballet 2/3	Adult Ballet 1				FITT			10:30	10:30		
·					Active Adult												12:00			Adult Ballet 101	Adult Open Ballet		
					Addit												Active Adult			11:30			
																				Adult Ballet 1			
																		2:00-3:30			12:30		
																		Adult Drumming			Adult		
																		3			Pointe Conditioning		
						5:30																	
						Adult Tap 1																	
																6:00							
		6:30					6:30			6:30 Adult Tap 1						Adult Aerial							
		Adult Flamenco					Adult Tap 101			Addit Tap T													
		7:30	Private	7:30	7:30		7:30				7:30	7:30	7:30	7:30									
	Adult Lyrical 1/2	Flamenco	Private Booking	Adult Dance	Adult Ballet 1/2		Adult Ballet 101			Adult Tap 2	Bollywood	Adult Ballet 2/3	Adult Ballet 1	Adult Musical									
8:30	8:30	8:30	8:30	Beats 8:30	8:30	8:30	8:30	8:00 - 9:30	8:30	8:30	8:30	8:30	8:30	Theatre 8:30	8:30								
Adult	Adult	Adult	Adult	Adult	Adult	Adult Tap	Adult	Adult Open	Adult	Adult Tap	Adult Burn	Adult	Adult	Adult	Adult								
Ballet 1/2	Jazz	Flamenco 3	Drumming 1	Yamuna	Modern 1	2/3	Ballet 1	Ballet + Pointe	Lyrical 2/3	Rep	& Balance	Ballet Rep	Modern 2/3	Bellydance	Нір Нор								