

FHDP Schedule 2025/26

FALL 2025

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
10:00 Adult Ballet 1					10:00 Adult Ballet Open								9:30 Adult Burn & Balance										
11:00-12:30 Adult Ballet Open					11:00 Adult Gyro								10:45 Adult Ballet 2/3										
					12:00 Adult Active																9:45 WeeBop™ 1	11:00 Adult Active FITT	9:45 WeeBop™ 2
													12:00 Adult Active								10:30 Adult Ballet 101		10:30 Adult Open Ballet
			11:30 Adult Ballet 1	11:30 Junior 1/2 Ballet		11:45-12:30 Teen Tap	11:45 Junior Acro A																
						12:30 Inter/Sr Acro	12:30 Adult Pointe	12:30 - 1:15 Sessional	12:45 Junior 2 Jazz														
		1:30 PreInter Acro				1:15 - 2:00 Sessional	1:45 Junior Acro B																

Classes fill quickly. Please check website for availability

Div 1 Annual

Div 2 Annual

Div 3 Annual

Kids Sessional