FHDP Schedule 2025/26 ADULT FALL 2025 September 6 - December 20

	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	
10:00 Adult Ballet 1					10:00 Adult Ballet 1/2								9:30 Adult Burn & Balance				11:00-11:45				9:15 Adult Zumba			
Adult Ballet Open					Adult Gyro 12:00 Active Adult							10:45 -12:15 Adult Ballet 2/3	10:45 Adult Ballet 1				Adult Active FITT			10:30 Adult Ballet 101	10:30 Adult Open Ballet			
					Addit												Active Adult	2:00-3:30		11:30 Adult Ballet 1	12:30			
																		Adult Drumming 3			Adult Pointe Conditioning			
		6:30 Adult Flamenco				5:30 Adult Tap 1	6:30 Adult Tap 101			6:30 Adult Tap 1						6:00 Adult Aerial								
	7:30 Adult Lyrical 1/2	7:30 Adult Flamenco 2	Private Booking	7:30 Adult Dance Beats	7:30 Adult Ballet 1/2		7:30 Adult Ballet 101	7:30 Bollywood		7:30 Adult Tap 2	*	7:30 Adult Ballet 2/3	Adult	8:30 Adult Bellydance *Oct 9 start*										
	8:30 Adult Jazz	8:30 Adult Flamenco 3	8:30 Adult Drumming 1	8:30 Adult Yamuna	8:30 Adult Modern 1	8:30 Adult Tap 2/3	8:30 Adult Ballet 1	8:00 - 9:30 *Starts in Studio 4 Adult Open Ballet + Pointe	8:30 Adult Lyrical 2/3	8:30 Adult Tap Rep	8:30 Adult Burn		8:30 Adult Modern 2/3		8:30 Adult Hip Hop									