

FHDP Schedule 2025/26

WINTER 2026 (January-March)

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
					10:00 Adult Ballet Open							9:30 Adult Dance Beats	9:30 Adult Burn & Balance							9:00 TinyBop	9:15	9:00 WeeBop	
					11:00 Adult Gyro							10:45-12:15 Adult Ballet 2/3					11:00-11:45 Adult Active FITT			9:45 WeeBop™ 1	Adult Zumba	9:45 WeeBop™ 2	9:30 PrePrimary Ballet/Jazz
					12:00 Adult Active												12:00 Adult Active			10:30 Adult Ballet 101	10:30 Adult Open Ballet	10:45 Primary Jazz/Ballet	10:30 Junior 1 Jazz
1:45 Adult Ballet 1									2:00 - 2:45 Bop & Groove		2:00 - 2:45 Bop & Groove		1:45 Adult Ballet 1					2:00-3:30 Adult Drumming 3		11:30 Adult Ballet 1	11:30 Junior 1/2 Ballet	11:45-12:30 Teen Tap	11:45 Junior Acro A
				3:45 WeeBop™ 2																		12:30 - 1:15 Ages 5-7 Hip Hop/Jazz	12:45 Private Booking
	4:30 PreInter Jazz	4:30 Junior 1 Hip Hop	4:30 Primary Acro/Modern	4:30 PreInter Ballet	4:30 Junior 2 Modern	4:30 Primary Jazz/Tap	4:45 - 5:30 Ages 8-12 Acro/Jazz	4:45 Inter 2B Pointe	4:30 Inter 1 Lyrical	4:30 PrePrimary Ballet/Tap	4:45- 5:30 Ages 5-7 Ballet/Modern	4:30 Junior 1 Ballet	4:30 Junior 2 Jazz			4:00 Teen Ballet Exp	4:00 Teen Ballet			12:30 Inter/Sr Acro	12:30 Adult Pointe	1:15 - 2:00 Ages 8-12 Hip Hop/Jazz	
												3:45 WeeBop™ 1								1:30 PreInter Acro	1:45 - 2:30 WeeBop		1:45 Junior Acro B
5:30 Inter 2/ Senior Ballet	5:30 Inter 1 Jazz	5:30 Junior 2 Tap	5:30 PreInter Hip Hop	5:45 - 6:30 Primary Ballet	5:30 PreInter Modern	5:30 Adult Tap 1	5:30 PrePrimary HipHop/ Acro	5:30 Inter 2/ Senior Ballet	5:30 - 6:15 Inter 1 TECH	5:30 Junior 1 Tap	5:45 - 6:30 Primary Musical Theatre	5:30 PreInter Ballet	5:30 Inter 1 Modern	5:30 Primary Hip Hop/ Jazz	5:30 Junior 1 Jazz	5:00 Junior Aerial		5:00 Teen Jazz					
6:30 Inter 1 Ballet	6:30 Inter 2/ Senior Jazz	6:30 Adult Flamenco 1	6:30 Junior 2 Hip Hop	6:30 Junior 2 Ballet	6:30 Junior 1 Modern	6:30 PreInter Tap	6:30 Adult Tap 101	6:30 Inter 1 Ballet	6:45 - 7:30 Inter 2/ Sr TECH	6:30 Adult Tap 1	6:30 Junior 2 Musical Theatre	6:30 Inter 2/ Senior Modern	6:45 - 7:30 PreInter TECH	6:30 Teen Modern/Lyrical	6:30 Inter 1 Hip Hop	6:00 Adult Aerial	PD						
7:30 DSS	7:30 Adult Lyrical 1	7:30 Adult Flamenco 2	Private Booking	7:30 Adult Dance Beats	7:30 Adult Ballet 1/2	7:30 Inter/ Senior Tap	7:30 Adult Ballet 101	7:30 Bollywood	7:30 Inter2/Sr Lyrical	7:30 Adult Tap 2	7:30 - 8:00 Inter 1 PrePointe	7:30 Adult Ballet 2/3	7:30 Adult Ballet 1	8:30 Adult Bellydance "Feb 12 start"	7:30 Inter 2/ Senior Hip Hop	PD	PD	PD	PD				
	8:30 Adult Jazz	8:30 Adult Flamenco 3	8:30 Adult Drumming 1	8:30 Adult Yamuna	8:30 Adult Modern 1	8:30 Adult Tap 2/3	8:30 Adult Ballet 1	8:00 - 9:30 Adult Ballet + Pointe	8:30 Adult Lyrical 2	8:30 Adult Tap Repertoire	8:30 Adult Burn & Balance	8:30 Adult Ballet Rep	8:30 Adult Modern 2/3		8:30 Adult Hip Hop								

Classes fill quickly. Please check website for availability

**Starts in Studio 4*

Div 1
Annual
Kids

Div 2
Annual
Kids

Div 3
Annual
Kids

Kids
Sessional