# FHDP Schedule 2025/26 SPRING 2026 (March 30-June 25)

## MONDAY

| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
|---|---|---|---|
| 1:45-2:45 Adult Ballet 1 **FLEX** | | | |
| | 7:30 Adult Lyrical **SHOW** | 6:30 Adult Flamenco 1 | |
| | | 7:30 Adult Flamenco **SHOW** | |
| | 8:30 Adult Jazz **FLEX** | 8:30 Adult Flamenco 2/3 | 8:30 Adult Drumming 1 |

## TUESDAY

| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
|---|---|---|---|
| | 10:00 Adult Open Ballet | | |
| | 11:00 Adult Gyro | | |
| | 12:00 Active Adult | | |
| | | 5:30 Adult Tap 1 | |
| | | | 6:30 Adult Tap 101 |
| 7:30 Adult Dance Beats | 7:30 Adult Ballet 1/2 **SHOW** | | 7:30 Adult Ballet 101 |
| 8:30 Adult Yamuna | 8:30 Adult Open Modern | 8:30 Adult Tap 2/3 **SHOW** | 8:30 Adult Ballet 1 |

## WEDNESDAY

| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
|---|---|---|---|
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| | | | |
| | | 6:30 Adult Tap 1/2 **SHOW** | |
| 7:30 Bollywood **FLEX** | | 7:30 Adult Tap 1/2 | 8:00-8:30 ***Ballet& Pointe*** |
| *8:00 - 9:30 *Adult Ballet& Pointe* **SHOW** | 8:30 Adult Open Lyrical **FLEX** | 8:30 Adult Tap 101 | |

***Starts in Studio 4***

## THURSDAY

| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
|---|---|---|---|
| 9:30 Adult Dance Beats | 9:30 Adult Burn & Balance | | |
| 10:45-12:15 Adult Ballet 2/3 | | | |
| 1:45-2:45 Adult Ballet 1 | | | |
| 7:30 Adult Ballet 2/3 | 7:30 Adult Ballet 1 | 7:30 Adult Bellydance (5 weeks) | |
| 8:30 Adult Ballet Rep **FLEX** | 8:30 Adult Modern 2/3 **SHOW** | 8:30 Adult Open Funk **NEW** | 8:30 Adult Hip Hop **SHOW** |

## FRIDAY

| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
|---|---|---|---|
| | | | |
| | 11:00-11:45 Adult Active. FIT | | |
| | 12:00 Adult Active **SHOW** | | |
| | | 2:00-3:30 Adult Drumming 3 | |
| 6:00 Adult Aerial Fusion | | | |

## SATURDAY

| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
|---|---|---|---|
| | 9:15 Adult Zumba | | |
| 10:30 Adult Ballet 101 | 10:30 Adult Open Ballet | | |
| 11:30 Adult Ballet 1 | | | |
| | 12:30 Adult Pointe Conditioning | 1:15 Adult Hip Hop | |

*Subject to Change