FHDP Schedule 2025/26 SPRING 2026 (March 30-June 25)

MONDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
1:45-2:45 Adult Ballet 1 **FLEX**			
	7:30 Adult Lyrical **SHOW**	6:30 Adult Flamenco 1	
		7:30 Adult Flamenco **SHOW**	
	8:30 Adult Jazz **FLEX**	8:30 Adult Flamenco 2/3	8:30 Adult Drumming 1

TUESDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	10:00 Adult Open Ballet		
	11:00 Adult Gyro		
	12:00 Active Adult		
		5:30 Adult Tap 1	
			6:30 Adult Tap 101
7:30 Adult Dance Beats	7:30 Adult Ballet 1/2 **SHOW**		7:30 Adult Ballet 101
8:30 Adult Yamuna	8:30 Adult Open Modern	8:30 Adult Tap 2/3 **SHOW**	8:30 Adult Ballet 1

WEDNESDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
		6:30 Adult Tap 1/2 **SHOW**	
7:30 Bollywood **FLEX**		7:30 Adult Tap 1/2	8:00-8:30 ***Ballet& Pointe***
*8:00 - 9:30 *Adult Ballet& Pointe* **FLEX**	8:30 Adult Open Lyrical **FLEX**	8:30 Adult Tap 2/3	

Starts in Studio 4

THURSDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
9:30 Adult Dance Beats	9:30 Adult Burn & Balance		
10:45-12:15 Adult Ballet 2/3			
1:45-2:45 Adult Ballet 1			
7:30 Adult Ballet 2/3	7:30 Adult Ballet 1	7:30 Adult Bellydance (5 weeks)	
8:30 Adult Ballet Rep **FLEX**	8:30 Adult Modern 2/3 **SHOW**		8:30 Adult Hip Hop **SHOW**

FRIDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	11:00-11:45 Adult Active. FIT		
	12:00 Adult Active **SHOW**		
		2:00-3:30 Adult Drumming 3	
6:00 Adult Aerial Fusion			

SATURDAY

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	9:15 Adult Zumba		
10:30 Adult Ballet 101	10:30 Adult Open Ballet		
11:30 Adult Ballet 1			
	12:30 Adult Pointe Conditioning		

*Subject to Change